

Module 1: Getting to Know the *Kentucky Academic Standards (KAS) for Health Education*

Planning guide for grade _____

KAS for Health Education	Instructional Notes	Opportunities for Internal Communication	Opportunities for Outside Collaboration
<p style="text-align: center;">Standard 1: Students will comprehend content related to health promotion and disease prevention to enhance health.</p>			
<p style="text-align: center;">Standard 2: Analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.</p>			
<p style="text-align: center;">Standard 3: Access valid information, products and services to enhance health.</p>			
<p style="text-align: center;">Standard 4: Use interpersonal communication skills to enhance health and avoid or reduce health risks.</p>			
<p style="text-align: center;">Standard 5: Use decision-making skills to enhance healthy behaviors.</p>			
<p style="text-align: center;">Standard 6: Use goal-setting skills to enhance healthy behaviors.</p>			
<p style="text-align: center;">Standard 7: Practice health-enhancing behaviors and avoid or reduce health risks.</p>			
<p style="text-align: center;">Standard 8: Advocate for personal, family and community health.</p>			

Module 1: Getting to Know the *Kentucky Academic Standards (KAS) for Health Education*

Planning guide for _____

KAS for Health Education	Connections Across Grade Levels: Previous Grade	Connections within Grade Level	Connections Across Grade Levels: Upcoming Grade
Standard 1: Students will comprehend content related to health promotion and disease prevention to enhance health.			
Standard 2: Analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.			
Standard 3: Access valid information, products and services to enhance health.			
Standard 4: Use interpersonal communication skills to enhance health and avoid or reduce health risks.			
Standard 5: Use decision-making skills to enhance healthy behaviors.			
Standard 6: Use goal-setting skills to enhance healthy behaviors.			
Standard 7: Practice health-enhancing behaviors and avoid or reduce health risks.			
Standard 8: Advocate for personal, family and community health.			

